

Category	Name	Description	Website	Phone
CRISIS ASSISTANCE	National Suicide Prevention Lifeline* 1-800-273-TALK (8255)			
	Crisis Text Line Text GOT5 to 741741			
	New York State HOPEline 24/7 Hotline			1-877-8-HOPENY
	Â Text HOPENY to 467369			
	New York Stateâ€™s 24/7 problem gambling and chemical dependency hotline.		<a href="https://oasas.ny.gov/hopeline">https://oasas.ny.gov/hopeline</a>	
	MHAST Peer Support Warmline			607-240-7291
	Locally operated in Broome County.			
	MHASAT Adult Crisis Respite	Provides an alternative to hospitalization for people facing mental health challenges or emotional distress for up to 5 days.		607-777-8888 ext 350
	Crime Victims Assistance Center (CVAC)			Hotline: 607-722-4256
	CVAC provides 24-hour support through the crisis hotline to victims of domestic violence and sexualÂ			
	Domestic Violence through RISE			607-754-4340

	24/7 support for those experiencing domestic violence.			877-754-4340
	MHAST Adult Crisis Respite	Provides an alternative to hospitalization for people facing mental health challenges or emotional distress for up to five days.	<a href="https://mhast.org/our-house.htm">https://mhast.org/our-house.htm</a>	607-777-8888 Ext. 350
	RAINN National Sexual Assault Hotline	24/7 anonymous	confidential national sexual assault hotline. Call or chat options available. <a href="https://www.rainn.org/">https://www.rainn.org/</a>	UHS Comprehensive Psychiatric Emergency Program (CPEP) Line
	UHS Comprehensive Psychiatric Emergency Program (CPEP) Line			1-800-451-0560
	Binghamton General Hospital	24-hour crisis service staffed by psychiatric nurses	social workers	and paraprofessionals under the direction of a medical doctor/psychiatrist. This is an inpatient program providing behavioral health support services.
	Suicide Prevention & Crisis Service	A trained and caring counselor will listen to you without judgment or distraction. The counselor will then help you to sort out your problems and potential solutions. If necessary	the counselor will lead you in the direction of other social service agencies that can give you more help.	<a href="https://ithacacrisis.org/">https://ithacacrisis.org/</a>

	UHS Addiction Crisis Line	The Addiction Crisis Line offers free and confidential information	support	and next step advice including linkage to formal evaluation and/or treatment for people seeking help for their substance use. Our line is staffed 24-hours a day by trained nurses
Mental Health Services	Catholic Charities of Broome County	Provides services for people in Broome County. These services range from mental health treatment	case management	advocacy to Health Homes
	Family & Children's Counseling Services 607-729-6206	257 Main Street	Binghamton	NY 13905 Provides high quality
	Greater Binghamton Health Center (GBHC)	Provides comprehensive outpatient and inpatient services for adults with serious mental illness and youth with serious emotional disturbances. GBHC operates under the NYS Office of Mental Health (OMH).	<a href="https://omh.ny.gov/omhweb/facilities/bipc/">https://omh.ny.gov/omhweb/facilities/bipc/</a>	607-724-1391
	Adolescent Crisis Respite (ACR)	The goal of the ACR is to assist adolescents and their families in resolving crisis situations and averting the need for hospitalization	<a href="https://omh.ny.gov/omhweb/facilities/bipc/">https://omh.ny.gov/omhweb/facilities/bipc/</a>	607-773-4625

		ns or placement outside the home.		
	Adolescent Day Treatment (ADT)	ADT is a clinical treatment program with adjunct educational services. It is designed to provide a broad range of clinical services to youth ages 13 up to 18 whose emotional problems create conflict in their family life and prevent them from meeting the d	Child and Adolescent Behavioral Health Center (CABHC)	607-724-1391
	CABHC is an OMH licensed outpatient community mental health treatment agency for youth up to age 18 with serious emotional disturbances	including therapy and medication.	<a href="https://omh.ny.gov/omhweb/facilities/bipc/">https://omh.ny.gov/omhweb/facilities/bipc/</a>	<a href="https://omh.ny.gov/omhweb/facilities/bipc/">https://omh.ny.gov/omhweb/facilities/bipc/</a>
	Community Treatment & Recovery Center (CTRC)	CTRC is an OMH licensed outpatient community mental health treatment agency for adults ages 18 and older with serious mental illness	including therapy and medication.	<a href="https://omh.ny.gov/omhweb/facilities/bipc/">https://omh.ny.gov/omhweb/facilities/bipc/</a>
	CTRC is an OMH licensed outpatient community mental health treatment agency for adults ages 18	including therapy and medication.	<a href="https://omh.ny.gov/omhweb/facilities/bipc/">https://omh.ny.gov/omhweb/facilities/bipc/</a>	

	and older with serious mental illness			
	Family Care	Family Care is a residential program offered by OMH and comprised of certified family care		607-724-1391
	Mobile Integration Team (MIT)	MIT provides person-centered supports to individuals of all ages and their families when and where they need them	in their own home and community. MIT facilitates connections to community services	follow through and engagement.
	OnTrack NY	OnTrack NY Southern Tier is an innovative treatment program for young people ages 16 to 30 experiencing unusual thoughts	behaviors	or sensory perceptions.
	OnTrack NY Southern Tier is an innovative treatment program for young people ages 16 to 30 experiencing unusual thoughts	behaviors	or sensory perceptions.	Lourdes Center for Mental Health
ADDICTION SERVICES/RECOVERY	Addiction Center of Broome County (ACBC)	Addiction Center of Broome County (ACBC)		
ACBC assists individuals with substance use disorders and their families. They provide a comprehensive continuum of care with individualized treatment planning and caring staff.	<a href=https://acbcservices.org/>Addiction Center of Broome County	Binghamton	NY (acbcservices.org)</a>	607-723-7308

	Alcoholics Anonymous Binghamton Area:		<a href="https://aabinghanton.org">https://aabinghanton.org</a>	607-722-5983
	Al-Anon/Alateen		<a href="https://al-anon.org/newcomers/what-is-al-anon-and-alateen/">https://al-anon.org/newcomers/what-is-al-anon-and-alateen/</a>	607-722-0889
	Families Anonymous (FA) â€”		<a href="https://www.familiesanonymous.org/about-fa/">https://www.familiesanonymous.org/about-fa/</a>	607-765-6862
	Broome County Operation SAFE	Those suffering from substance use or their family members are encouraged to call Broome Countyâ€™s S.A.F.E. Line. A volunteer will then take their information and immediately begin searching the network of quality treatment facilities accepting new patients	<a href="https://www.gobroomecounty.com/boac/help-is-available">https://www.gobroomecounty.com/boac/help-is-available</a>	607-778-6119
	Fairview Recovery Services Residence	Stabilization Center:		607-722-8987
	Stabilization Center:	Offers professional and compassionate care that is delivered along a continuum of residential and support services for chemically dependent adults living in Broome and surrounding counties.	<a href="https://frsinc.co/">https://frsinc.co/</a>	607-722-4080

	Voices Recovery Center	The Center belongs to the community. It is open to everyone and is no cost. Activities include Recovery support groups	holiday celebrations	yoga
	Helio Health	Inc.	Inpatient/Withdrawal and Stabilization	<a href="https://www.helio.health/">https://www.helio.health/</a>
	<a href="https://www.helio.health/">https://www.helio.health/</a>	Narcotics Anonymous: Triple Cities Area (TCANA)	Southern Tier AIDS Program (STAP)	
	Narcotics Anonymous: Triple Cities Area (TCANA)	Southern Tier AIDS Program (STAP)		607-792-9116
	Southern Tier AIDS Program (STAP)			607-237-0497
	Syringe Exchange/MAT/Care Management. Provides free and confidential services to people living with HIV/AIDS	individuals with other chronic medical conditions	or people who need HIV	Hepatitis C
	Salvation Army Adult Rehab Center	The Salvation Army's Adult Rehabilitation Centers are 180-day residential work-therapy programs providing spiritual	social	and emotional assistance to those who have lost the ability to cope with their problems and provide for themselves.
	Truth Pharm	Truth Pharm raises awareness	reduces stigma	and educates the public for policy changes to reduce the harms caused by substance use. Advocacy/Support/Family Support

	UHS New Horizons Alcohol & Chemical Dependency Treatment Center	Inpatient/Outpatient	Binghamton Drug & Alcohol Addiction Treatment Rehab Clinic	UHS (nyuhs.org)
	Medication for Addiction Treatment (MAT) Program	The United Health Services (UHS) Southern Tier Drug Abuse Treatment Center offers drug and alcohol rehabilitation with the primary focus on substance abuse treatment. Provides outpatient methadone maintenance and counseling for opiate addiction.	New York Methadone Clinic Treatments: Opioid & Alcohol Withdrawal (nyuhs.org)	607-762-2800
DISABILITY RIGHTS/LEGAL/SUPPORTS ACHIEVE	Arc of NY	Provides services to individuals with intellectual	developmental	and other disabilities in Broome
	Broome Developmental Disabilities Services Office	Provides residential	day services	and support to individuals with developmental disabilities and their families.
	Southern Tier Independence Center (STIC)		<a href="https://stic-ci1.org/">https://stic-ci1.org/</a>	877- 772-9150
FAITH-BASED/SPIRITUAL	Christian Counseling Center	Provides professional & biblical counseling services for those in the Southern Tier who are seeking spiritual	emotional	and psychological wholeness.



	Samaritan Counseling Center	Samaritan counselors are clinically trained	licensed professionals. Samaritan Counseling Center of the Southern Tier	Inc. is accredited in a nationwide network by the Solihten Institute. They offer compassion and confidentiality
	The Hope Center	Provides Mental Health services including Counseling and Life Coaching to individuals	couples	and families.
	Two Rivers Church Support Services	Offers reparative spiritual counseling	life coaching	preventative spiritual direction
FAMILY SUPPORT/SERVICES	Cornerstone Family Healthcare Counseling/MAT /Medical Care	Cornerstone Family Healthcare provides comprehensive family medical care with access to Primary Care	Pediatric	Gynecology
	Family Enrichment Network	The mission of Family Enrichment Network is to provide supportive services for the optimal development of children and families through head start programs and community services.	<a href="https://www.familyenrichment.org">https://www.familyenrichment.org</a>	607-723-8313
HOUSING	Binghamton Housing Authority	Binghamton Housing Authority provides decent and affordable housing in a safe and secure living environment for low- and moderate-income residents throughout the	<a href="https://affordablehousingonline.com/housing-authority/New-York/Binghamton-Housing-Authority/NY016">https://affordablehousingonline.com/housing-authority/New-York/Binghamton-Housing-Authority/NY016</a>	607-723-9491

		Binghamton area.		
	Greater Opportunities	Provides comprehensive services that include emergency assistance	advocacy	early education
	Family Enrichment Network	Family Enrichment Network is dedicated to serving the needs of low-income families through our Housing programs.	<a href="https://familyenrichment.org/#">https://familyenrichment.org/#</a>	607-723-8313
	Salvation Army Adult Rehabilitation Center	Open to men and women	over the age of eighteen	who have sincere desire for a positive lifestyle change through character development.
	YMCA	Men's Shelter: Provides emergency and transitional housing to men ages 18 and older. The program	<a href="https://ymcabroome.org/locations/branch/binghamton-y/">https://ymcabroome.org/locations/branch/binghamton-y/</a>	607-772-0560
	YWCA	Women's and Families Shelter: Provides individual clean	safe apartments for homeless or formerly homeless women and their dependent children	empowering women to live independent
PEER SUPPORT	Compassionate Friends of Broome County	The Compassionate Friends has been providing support to bereaved families after the death of a child for four decades.	<a href="https://www.compassionatefriends.org/chapter/broome-county-chapter/">https://www.compassionatefriends.org/chapter/broome-county-chapter/</a>	607- 239-4222

	Four Seasons Club	Catholic Charities of Broome County A peer driven program that provides a safe environment for individuals	18 and older	with a psychiatric disability
	Stepping Stone Drop-In Center			607-773-3204
	Catholic Charities of Broome County	A safe	unstructured program for people with mental illness who choose not to participate in programs with requirements for attendance and participation.	<a href="https://www.catholiccharitiesbroomecounty.org/programs/mental_health/clubs_community_programs.html">https://www.catholiccharitiesbroomecounty.org/programs/mental_health/clubs_community_programs.html</a>
	Sunrise Wellness Center	Mental Health Association of the Southern Tier		
A peer-run program promoting recovery for individuals with mental health diagnoses. Sunrise encourages a self-directed approach to mental health services	and promotes mental	physical	and spiritual wellness.	
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RE-ENTRY SUPPORT/SERVIC ES	Broome County Council of Churches â€“ Jail Ministries 607-724-9130	Supports individuals impacted by the criminal justice system and their families by providing worship services	pastoral care	recovery groups
	Broome County Re-Entry Able Program Jail Reentry	Prison Reentry	<a href="https://www.nycconnects.ny.gov/services/re-entry-able-program-3122">https://www.nycconnects.ny.gov/services/re-entry-able-program-3122</a>	607-743-1790
	Center for Employment Opportunities	Provides job training and placement for those formerly incarcerated.		607-722-1839
	Binghamton Community Based Outreach Clinic (CBOC)	Our outpatient clinic provides primary care and specialty health services	including mental health care	physical and occupational therapy
	Binghamton Vet Center	We offer confidential help for Veterans	service members	and their families at no cost in a comfortable setting. Our services include counseling for needs such as depression
	Broome County Veterans Service Agency	Advises and assists Veterans and their family filing applications for federal	state	and local VA benefits.
	Clear Path for Veterans	Provides information	programs	and resources for all Veterans and their families. Services provided in 33 counties
	Southern Tier Veterans Support Group	Provides a network of resources for our local Veterans	service members	and their families. We strive to educate the community on Veteran needs

				and partner with other organizations to offer a broad range of services and assistance to enhance each Veteran's physical
	Veterans Outreach Center	Provides free programs and support for Veterans.	<a href="https://veteransoutreachcenter.org/">https://veteransoutreachcenter.org/</a>	585-546-1081